Ridgefield Directory
of
Senior Services

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Commission on Aging

Mission Statement

The Commission on Aging identifies the needs of senior citizens living in Ridgefield and coordinates services that further their well-being.

The Commission on Aging has prepared this directory as a resource for information about services for senior citizens of Ridgefield. Many services are provided by volunteer organizations; therefore, the directory also serves as a guide for volunteer opportunities.
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EMERGENCY INTERVENTION AND REFERRAL

DEPARTMENT OF SOCIAL SERVICES
Ridgefield Town Hall
400 Main Street

Director of Social Services
Agent for the Disabled and Americans with
Disabilities Act Coordinator..................203-431-2777
socialservices@ridgefieldct.org

Agent for the Elderly.........................203-431-2754
municipalagent@ridgefieldct.org

This department’s goal is to provide a full range of community
social work activities to the people of Ridgefield in order to
promote the physical and economic well being of its citizens.
Social Services offers Ridgefield residents a comprehensive
array of crisis intervention, non-crisis assistance, information
and referral services which are specific to their circumstances.
The staff is available to check eligibility for State and Federal
entitlement programs, provide needs assessments and identify
local and area providers of services to meet those needs.
Social Services will assist homebound elderly residents obtain
access to the free SweetHART bus service, the Senior Gold
Card, and the Friendly Shopper program for seniors on their
own. Hours: Monday through Friday, 8:30 a.m. to 4:30 p.m.
ELDER ABUSE & NEGLECT

Connecticut Department of Social Services
(DSS) .......................................................... 203-207-8955
Danbury ............................................... www.infoline.org

Protective Services for the Elderly; evaluates complaints of abuse, neglect, exploitation, or abandonment of persons age 60 or older in the community. If you suspect that an elderly person is a victim of abuse, neglect (including self-neglect) or exploitation, contact Protective Services. For after-hour emergencies, call INFOLINE at 211.

INFOLINE .......................................................... 211
........................................................................ www.infoline.org

2-1-1 is an integrated system of help via the telephone. It is a single source for information about community services, referrals to human services, and crisis intervention. It is accessed toll-free from anywhere in Connecticut by simply dialing 2-1-1. It operates 24 hours a day, 365 days a year. Multilingual call specialists and TDD access is available.

Connecticut residents call 2-1-1 for many different types of help. Professional call specialists help callers with such complex issues as substance abuse, gambling, domestic violence programs, suicide prevention, financial problems,
and much more. Other callers may simply be looking for volunteer opportunities. By dialing 2-1-1, a caller is connected with a 2-1-1 call specialist who helps the caller assess their situation and find community services in their area that can assist them.

It’s important for people to remember that 911 remains the number to call for Police, Fire or EMS emergency response and 411 for directory information.

**Long Term Care Ombudsman Program**  
Statewide................................................. 1-866-388-1888  
State of Connecticut: West Region  203-597-4181  
www.ct.gov/ltcp

Long Term Care Ombudsman Program (LTCOP) works to improve the quality of life and quality of care of Connecticut citizens residing in nursing homes, residential care homes and assisted living communities. All Ombudsman activity is performed on behalf of and at the direction of residents. All communication with the residents, their family members or legal guardians, as applicable, is held in strict confidentiality.

The LTCOP responds to and investigates complaints brought forward by residents, family members, and/or other individuals acting on their behalf. Ombudsmen offer information on consultation to consumers and providers,
monitor state and federal laws and regulations, and make recommendations for improvement. The program also recruits, trains, and supervises Volunteer Resident Advocates who assist residents in resolving concerns.

MEDICAL AND HEALTH SERVICES

Ridgefield Visiting Nurse Association ............203-438-5555
90 East Ridge Fax: 203-431-6583
Ridgefield www.ridgefieldvna.org

Home Health Care
Skilled Nursing: Transition Care Services, Disease Management, Psychiatric Nursing, Geriatric Nursing, Palliative Care, Advanced Wound Care, and Pediatric Nursing.
Rehabilitation Services: Physical Therapy, Occupational Therapy, Speech Therapy, and Lymphedema Therapy.

Community Health and Wellness
Quality Living at Home (QLAH); Annual Health Fair; Flu, Pneumonia, and Shingles Vaccine Clinics; TravelWise Consultation/Immunizations; Well-Child Clinic; Blood Pressure Clinics; Friendly Driver Program; and Wellness Educational Programs.
Public Health and Safety
Emergency Preparedness, Disaster Planning, and Communicable Disease Prevention and surveillance. CHAP Accredited, Medicare Certified, State Licensed

Danbury Nurses Registry .......................... 203-748-2420
Connecticut Caregivers Connection
68 Main Street, Danbury  www.seniorcareathome.com

The Danbury Nurses Registry is a family owned and operated home health referral agency founded in 1930. We have been caring for the community for more than 80 years, providing Patient Care Attendants to assist people in their homes with bathing, dressing, meal preparation, medication reminders, and companionship. We also provide Registered Nurses, Licensed Practical Nurses, and Certified Nurse’s Aides for staff relief and one on one care.

Almost Family ...................................... 203-792-8504
11 Lake Avenue Ext., Second Floor Fax: 203-796-7358
Danbury  www.almostfamily.com

Live-ins for the Elderly ......................... 203-748-9028
260 Main Street  www.liveinsfortheelderly.com
Danbury
Medical Home Care Inc. ....................................... 203-792-6872
32 Stony Hill Road                                           www.medicalhomecarect.com
Bethel

Mid-Fairfield Hospice ........................................ 1-800-898-4663
Mailing:   P.O. Box 489, Wilton, CT    06897
Offices:   761 Main Ave., Norwalk, CT                www.visitingnurse.net

Home care programs designed to meet the needs of terminally ill patients and their families; 24-hour availability of nursing care and psychological support.

Privatus Care Solutions, Inc. .............................. 917-881-9765
15 Valley Drive, Suite 302                                  www.privatuscared.com
Greenwich, CT

Private care company providing private nursing, personal care management, and concierge services to Fairfield County.
Referral Line .............................................................. 203-742-1392
Heidi I. Santiago RN, Executive Director

Danbury Hospital ...................................................... 203-739-7000
Western Connecticut Health Network
Emergency Room                                           203-739-7100
24 Hospital Avenue                                          www.danburyhospital.org
Danbury
Regional Hospice of Western Connecticut
And Home Care.............................................203-702-7400
39 Old Ridgebury Road www.regionalhospicect.org
Danbury

Care, comfort, and compassion for those touched by life
limiting illness and loss.

Norwalk Hospital .............................................203-852-2000
Emergency Room 203-852-2160
34 Maple Street www.norwalkhosp.org
Norwalk

Urgent Care of Connecticut.........................203-431-4600
10 South Street Suite 101 Fax: 203-431-4601
Ridgefield, CT 06877 www.ucofconnecticut.com
Hours: M-F 10 a.m. to 8 p.m., Sat & Sun and holidays 9 a.m. to
5 p.m.

Convenient Walk-In Medical Treatment — Open 365 Days a
Year! Urgent Care of Connecticut provides prompt,
professional, walk-in medical treatment for non-life and
non-limb threatening illnesses and injuries. Most major
insurances accepted.
PHARMACIES IN RIDGEFIELD

Bissell Pharmacy ............................................. 203-438-6433
23 Governor Street www.bissellpharmacy.com
(Delivery; 10% discount for seniors without insurance)

CVS Pharmacy ................................................ 203-431-8888
467 Main Street www.cvs.com
(All insurance plans accepted; delivery to Ballard Green residents; 10% discount for seniors without insurance)

Rite Aid Pharmacy ........................................... 203-438-7378
125 Danbury Road www.riteaid.com
(All insurance plans accepted; delivery; 10% discount for seniors without insurance)

Stop & Shop Pharmacy................................. 203-438-0340
125 Danbury Road www.stopandshop.com

Walgreens .................................................. 203-894-8744
46A Danbury Road www.walgreens.com
(All insurance plans accepted)
REHABILITATION AND SKILLED NURSING FACILITIES (SNF)

Nursing care is available when an individual can no longer remain at home. This level of care is also appropriate for discharged hospital patients who require sub-acute care and are not ready to return home. To qualify for admission to a skilled nursing facility, the applicant must have a physician’s order to cover nursing home care.

Contact the Connecticut Department of Public Health for .................................................. 860-509-8000

- questions ................................................. www.dph.state.ct.us
- requests for information
- complete listing of nursing home facilities licensed by the State of Connecticut

Bethel Health Care, Bethel ................................. 203-830-4180
Cascades Assisted Living ............................... www.bethelhealthcare.com

Danbury Healthcare Center ......................... 203-792-8102
........................................................................ www.healthbridgemanagement.com

Filosa, Danbury ............................................. 203-744-3366
........................................................................ www.filosa.com

Hancock Hall, Danbury ................................. 203-794-9466
Short-term rehabilitation ............................. www.filosa.com
Glen Hill Care and Rehab, Danbury ..........203-744-2840
www.sunbridgehealthcare.com

Laurel Ridge ..................................................203-438-8226
Health Care Center Fax: (203) 438-8378
642 Danbury Road www.athenahealthcare.com
Ridgefield

Laurel Ridge Health Care Center is a 126-bed, sub-acute center that specializes in long-term care, short-term rehabilitation, and memory care.

Meadow Ridge, Redding ...............................203-544-1000
Assisted Living and Rehabilitation www.meadowridge.com

Pope John Paul II, Danbury .........................203-797-9300
www.sunh.com

Wilton Meadows, Wilton ............................203-834-0199
www.wiltonmeadowshealthcare.com
SUPPORT GROUPS

Local Groups

Ridgefield Visiting Nurse.................................203-438-5555
Association (RVNA) ........................................www.ridgefieldvna.org
Support Groups- call for listings and times

Ann’s Place .....................................................203-790-6568
(support services for cancer) ............................www.annsplace.org

National Groups

Alzheimer’s Association.................................800-272-3900
........................................................................www.alz.org

American Cancer Society...............................800-889-3340
........................................................................www.cancer.org

American Heart Association.........................800-242-8721
........................................................................www.americanheart.org

American Diabetes Association.....................800-842-6323
........................................................................www.diabetes.org

American Lung Association..........................800-548-8252
........................................................................www.lung.org

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Arthritis Foundation.............................................800-541-8350  
www.arthritis.org

Multiple Sclerosis Society .................................860-913-2550  
www.CTfightsMS.org

ADULT DAY CARE

Adult Day Centers are defined, by the state of Connecticut, as agencies that provide a variety of services during the day to elderly persons who may be socially isolated, in need of some support, care, or may have functional and/or cognitive impairments.

Connecticut Association of Adult Day Care Centers
This website provides search opportunities for adult day care facilities by zip code  
www.adultdaycare.org

Almost Home Adult Day Care, LLC.............203-743-6456
52 Federal Road  
www.almosthomeadc.org  
Danbury
Nursing supervision on site.  Transportation available.
SUBSTANCE ABUSE

Alcoholics Anonymous ........................................ 800-577-6993
www.ct-aa.org

A fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. Connecticut District #9 holds regular meetings in Ridgefield, Danbury, and Georgetown.

Midwestern Connecticut Council on Alcoholism (MCCA)
Senior Services Program ..................................... 203-438-8680
90 East Ridge ................................................... www.mccaonline.com
Ridgefield

Individual and group counseling for abuse of alcohol and other drugs available to seniors and their families. Free to Medicare eligible seniors. Sliding scale for others. Support group meets Friday at 10:00 a.m.

DAILY COMMUNICATIONS

“ARE YOU OK?” ................................................. 203-438-6777

A program sponsored and supported by the Ridgefield Woman’s Club and the Ridgefield Firefighters’ Association
which provides the free service of daily telephone calls to check on client's safety. It is available to any resident of Ridgefield and Redding who is over the age of 60 and to residents living alone who are homebound or are medically disabled (either on a temporary or a permanent basis) regardless of age. Call and leave a message if you wish additional information.

LIFELINE
Ridgefield Visiting Nurse.......................203-438-5555
Association (RVNA)..............................www.ridgefieldvna.org

Lifeline is a two-way personal response system that provides safety 24 hours a day in your home. When you need help, just press the Lifeline Personal Help Button. Lifeline also has the ability to sense when you have fallen. Within seconds, a Personal Response Associate reviews your profile and quickly assesses the situation. The associate then contacts a neighbor, loved one, or emergency services based on your specific needs.

The Personal Response Associate will follow up to ensure that help arrived.

Installation and monthly fees apply. However, installation is free for Ridgefield Senior Gold Card holders.
HEALTH INSURANCE

MEDICARE .........................................................800-633-4227
www.medicare.gov

Medicare is a federal health insurance program for people 65 or older and certain disabled individuals. For more information, please contact the Western Connecticut Area Agency on Aging.

“CHOICES”
Western Connecticut Area Agency on Aging.....800-994-9422
www.wcaa.org

CHOICES is a program for health insurance assistance, outreach, information, referral, and counseling. Eligibility screening provides free unbiased information to all individuals 60+.

MEDICAID
Connecticut Dept of Social Services ...............800-443-9946
www.ctmedicalprogram.com

Medicaid is a program designed to help persons who are disabled, blind, or receiving public assistance to pay medical expenses. In Connecticut the program is run by the Dept of Social Services. There are income and asset limitations.
Qualified Medicare Beneficiary Program (QMB)
Connecticut Department of Social Services ......203-207-8900
Danbury wwww.ctmedicalprogram.com

All Medicare Part B Enrollees: The QMB program provides financial help to pay for Medicare monthly deductibles and co-insurance. There are income and asset limitations.

Center for MEDICARE Advocacy ...............800-262-4414
Connecticut Only wwww.medicareadvocacy.org
wwww.faimedicare.org

Only through advocacy and education can elders and people with disabilities be assured that Medicare benefits and health care are provided. This is a nonprofit agency staffed by attorneys, paralegals, nurses, and information management experts.
NUTRITION ASSISTANCE PROGRAMS

Food Pantry ............................................. 203-431-2754
Ridgefield Town Hall
400 Main Street

Canned and packaged goods are available to provide assistance to those in need. Access through elevator in the Bailey Avenue entrance, press the upper level button. The pantry is open Monday – Friday from 9:00 a.m. to 11:30 a.m. and 2:30 p.m. to 4:00 p.m.

Supplemental Nutrition Assistance Program (SNAP)
........................................................................ 203-207-8900
www.ct.gov/dss

Connecticut Department of Social Services
342 Main Street
Danbury, CT 06810

The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, helps low-income individuals and families afford the cost of food at grocery stores and farmers markets. You can apply for these benefits by completing a state application form. This form can be mailed, faxed, or dropped off at a local DSS Regional Office. Once
the form is complete, you will be assigned an eligibility worker who will interview you to complete the application process.

Participants must be residents of Connecticut. There are income and asset limitations.

**Meals-on-Wheels** .......................... 203-438-8788
Ballard Green  www.mealsonwheelsofridgefield.org
25 Gilbert Street
Ridgefield

Those who are unable to make meals for themselves are provided with lunch and/or a major meal of the day, fully prepared on premises by our kitchen staff, and delivered by volunteer drivers each Monday, Wednesday, and Friday. Service is 365 days of the year, including holidays. Service can be provided for as many days of the week as needed. There is no age or income limit, nor is it limited to individuals with medical conditions. A nominal fee is charged. No one is refused for financial reasons. A fee adjustment is available.
**HOUSING**

Ridgefield Housing Authority (RHA)
25 Gilbert Street ...................... www.ridgefieldhousing.org

The RHA owns four different types of residential properties two of which are for seniors and disabled, they are:

- Ballard Green, for seniors and disabled of any age
- Prospect Ridge Congregate, for seniors who need selected services

No RHA property is restricted to Ridgefield residents.

**Ballard Green** .......................................................... 203-438-9845
25 Gilbert Street .......................... www.ridgefieldhousing.org

Ballard Green is an independent living environment for seniors and disabled of any age. Its 78 apartments are located in a beautiful park-like setting behind Ballard Park. Most units have one-bedroom, full bath, and a living room with a kitchen area that includes a stove, refrigerator, sink and cabinets. Subsidies may be available. Eligibility requirements apply.

**Prospect Ridge-Congregate Housing** .......... 203-431-9943
51 Prospect Ridge .......................... www.ridgefieldhousing.org

Prospect Ridge Congregate is a senior facility of 34 one-bedroom apartments in a four-story elevator building. The Congregate provides twenty-four hour on-site staff,
security in case of emergency, housekeeping, and a common dining room offering one meal a day. Units are approximately 450 square feet and have one-bedroom, full bath, and a living room with a kitchen area that includes a stove, refrigerator, sink and cabinets. Subsidies may be available. Eligibility requirements apply.

MANAGED RESIDENTIAL COMMUNITIES

Ridgefield Crossings..............................................................203-431-2255
Ridgefield  www.benchmarkquality.com

Meadow Ridge  .................................................................203-544-1000
Redding  www.meadowridge.net

Glen Crest Independent Living.................................203-790-9161
Danbury  www.genesishcc.com/GlenCrest

The Gardens .................................................................203-748-0506
Danbury  www.thegardensct.com

Sunbridge Healthcare .....................................................203-790-9161
Danbury  www.sunbridgehealthcare.com
Brookdale Place ............................................. 203-761-8999
Wilton  www.brookdaleliving.com

The Greens ...................................................... 203-761-1191
Cannondale  www.thegreensatcannondale.com

Maplewood .................................................... 203-312-7910
Danbury  www.maplewoodatdanbury.com

EMPLOYMENT OPPORTUNITIES

Connecticut Department of Labor .............. 203-797-4150
Unemployment claims  www.ctdol.state.ct.us
Recorded information on unemployment claims, etc.

Connecticut Department of Social Services
Ready to Work Program .............................. 860-424-5643
Senior Community Service Employment Program Aging
Services Division  www.ct.gov/agingservices

These offices provide assistance to individuals seeking employment and to employers seeking workers. Staff and counselors trained in providing services to older workers are available.
FINANCIAL, TAX, LEGAL, AND PROFESSIONAL ASSISTANCE

Social Security Administration..................... 1-866-275-7821
131 West Street                              www.socialsecurity.gov
Danbury

Social Security, Medicare and Supplemental Security Income Program. Open Monday – Friday, 9:00 a.m. to 3:30 p.m.

AARP Tax-Aid........................................203-438-2755

Confidential and free assistance in filing federal and state tax returns for those with low to moderate earnings. The service is provided by AARP volunteers certified by the IRS. Available February 1 through April 15.

Tax Assessor’s Office...............................203-431-2706
Ridgefield Town Hall                         www.ridgefieldct.org
400 Main Street

Some seniors may qualify for a reduction of real estate tax, veteran’s tax exemption, rental assistance, or the Real Estate Tax Deferment Program.

Connecticut Department of Revenue Services
...........................................................................800-382-9463
www.ct.gov/drs
Federal Dept of Revenue Services.................800-829-1040
www.irs.gov

Resources for Legal Assistance.....................860-808-5318

Office of the Connecticut Attorney General..860-808-5318
www.ct.gov/ag

UTILITIES ASSISTANCE PROGRAM

Connecticut Energy Assistance Program.......203-431-2777
www.ridgefieldct.org

This program is designed to assist low-income households pay their heating bills. The program makes vendor payments for homeowners and renters who qualify. Benefits are based on income and household size.

Connecticut Light & Power (CL&P) .............800-286-2828
www.cl-p.com

Winter Protection Program (Utility Shut-off Moratorium)
Participants in this program will be coded by their utility companies as “hardship cases” and will not have their utility service shut off between November 1 and May 1.
TELEPHONE ASSISTANCE

Office of Services for
Persons with Disabilities .........................800-772-3140
AT&T- Hearing and Speech Impaired
(TDD/TTY) 800-842-1514
www.att.com

Standard and special equipment with hearing loss, impaired vision, speech loss or impaired mobility. Fairfield County White Pages Directory if available upon request.

VETERANS

U.S. Dept of Veterans Affairs .........................800-827-1000
(TDD) 1-800-829-4833
www.ncptsd.va.gov/ncmain/website

Connecticut Department of Veterans Affairs
Veterans Home & Hospital .........................800-550-0000

Veterans Affairs
Director of Veterans Affairs .........................203-797-4620
198 Main Street
Danbury, Open Monday-Friday, 9:00 a.m. to 5:00 p.m.
VA Primary Care (Outpatient Clinic) ........... 203-798-8422
7 Germantown Road
Danbury, Open Monday-Friday, 8:30 a.m. – 4:30 p.m.

STATE AND FEDERAL PROGRAMS

State Supplement for the Aged, Blind, Disabled
Municipal Agent for the Disabled ...................... 203-431-2777
www.ridgefieldct.org

This is a state income maintenance program administered by DSS designed to supplement assistance under the Federal Supplemental Security Income (SSI) program. There are no age limitations for aid to the blind, or disabled.

Commission on Aging (COA) ...................... 203-431-2700
Ridgefield Town Hall www.ridgefieldct.org
400 Main Street

The commission, which is town appointed, identifies the needs of seniors living in Ridgefield and coordinates services that further their well-being. It meets the third Monday of each month at 2:30 p.m. in the lower conference room of Town Hall. Meetings are open to the public. NOTE: Anyone requiring special accommodations due to disability is asked to contact the Chair at 203-438-6165.
Elderly Services and Referral..................800-443-9946
Connecticut State Department of Social Services
www.ct.gov/dss

This program was initiated in Connecticut in 1984 in recognition of the critical need for individuals to act on behalf of elders who, due to mental or physical disability, were incapable of managing their own affairs. Staff, representing the Dept. of Social Services Commissioner, is appointed by the probate court to supervise the personal affairs of an individual, including: arrangement for medical needs and nutritious meals, clothing, safe and adequate housing, and personal hygiene. Individuals are protected from physical abuse, neglect and other harm.

Connecticut Community Care, Inc. (CCCI)..203-596-4800
Fax: 860-274-1860
www.ctcommunitycare.org

Caring From Every Perspective: Connecticut Community Care, Inc. (CCCI) makes it possible for elders or individuals with disabilities to live independently at home.
Department of Consumer Protection ............800-842-2649
www.ct.gov/dep

This department is responsible for ensuring and guarding the rights of consumers in such areas as food, product safety, weights and measures, drug control, fraud, consumer education and the licensing of many professionals and tradesmen.

EDUCATION AND LEISURE

The Senior Positive Initiative Forum (SPIF) was organized to coordinate the organizations in Ridgefield which work with older residents. The Ridgefield Senior Gold Card Program is sponsored by SPIF.

The Ridgefield Senior Gold Card is free to Ridgefield residents 65 and older. Gold Card holders receive various free and discounted services from numerous town departments, organizations and businesses. It is Ridgefield’s way of thanking senior citizens for their many years of community service.

To get a Gold Card, present a Connecticut driver’s license with a Ridgefield address or Connecticut no-driver identification at the Ridgefield Town Hall Information office.
Ridgefield Town Hall..........................203-431-2700
400 Main Street www.ridgefieldct.org
Monday through Friday, 8:30 a.m. - 4:30 p.m.

With the Gold Card you will get a booklet called “Benefits”
which is a list of organizations and merchants who are
currently participating in the program and what they are
offering to Gold Card holders.

In addition to others, the following Ridgefield organizations participate:

Aldrich Museum..........................203-438-4519
258 Main Street www.aldrichart.org

Keeler Tavern Museum..........................203-438-5485
132 Main Street www.keelertavernmuseum.org

Ridgefield Library..........................203-438-2282
472 Main Street www.ridgefieldlibrary.org

Ridgefield Playhouse..........................203-438-5795
80 East Ridge www.ridgefieldplayhouse.org
Ridgefield Community Center ........................203-438-6962
Lounsbury House ...........................www.lounsburyhouse.com
316 Main Street

Ridgefield Adult Education ..............................203-431-2812
90 East Ridge ................................www.ridgefieldschools.org

Ridgefield Symphony Orchestra ..........................203-438-3889
90 East Ridge ................................www.ridgefieldsymphony.org

Ridgefield Chorale ........................................877-815-5635
..........................................................www.ridgefieldchorale.org

Ridgefield Guild of Artists ..............................203-438-8863
34 Halpin Lane ................................www.rgoa.org

Ridgefield Theatre Barn .................................203-431-9850
37 Halpin Lane ................................www.ridgefieldtheaterbarn.org

Ridgefield Golf Course .................................203-748-7008
545 Ridgebury Road ................................www.ridgefieldgc.com

Western Connecticut State University ............203-837-8200
181 White Street, Danbury ......................www.wcsu.edu
Public colleges and universities waive tuition for seniors age
62 and older, provided space is available.

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AARP ................................................................. www.aarp.org
A nationwide organization of people 50 years and older, provides community service opportunities and a chance to socialize.

AARP Driver Safety Program ......................... 203-431-3183

These four hours of classroom instruction for senior drivers is sponsored by Founder’s Hall. Participants qualify for a reduction in auto insurance per Connecticut state statue.

Charter Oak Pass .............................................. 860-424-3200
Golden Age Passport (National) .......................... www.ct.gov/dep

This pass provides seniors free access to the Connecticut State Parks and Recreation System. To qualify, the person must be 65 or older and a Connecticut resident.

America the Beautiful National Parks and Federal Recreation Lands Pass ...................... 888-275-8747, press 1
  www.store.usgs.gov/pass
Senior Pass-$ 10..................................................... 203-834-1896
available locally at Weir Farm National Park
This is a lifetime pass for U.S. citizens or permanent residents age 62 or over.
Road Scholar (formerly Elderhostel) .......... 1-860-454-5768
www.roadscholar.org

The Elderhostel Institute Network (EIN) is a voluntary association of Lifelong Learning Institutes (LLIs), funded by Elderhostel Inc., a not-for-profit organization dedicated to providing educational opportunities for older adults. EIN exists to promote communication and provide resources to existing LLIs, and to encourage the development of new LLIs.

Hunting and Fishing Licenses ...................... 203-431-2700
www.ridgefieldct.org

A lifetime fishing or hunting license is available free for ages 65 and up. Apply to Town Clerk, Ridgefield Town Hall.

SENIOR ORGANIZATIONS/CLUBS

Community Center Card Group .................. 203-438-6962
Lounsbury House  www.lounsburyhouse.com
316 Main Street

A bridge group which meets every Tuesday at the Community Center all year, from 10:00 a.m. to 2:00 p.m. New players are welcome.
Founders Hall ................................................. 203-431-7000
193 Danbury Road www.founders-hall.org

Founders Hall is a place for active people age 60 on up in the Ridgefield area. You can take classes, join groups, exercise, listen to speakers, learn in seminars, take trips, attend parties...or simply hang out with folks who get what it's like to be over 60. Check out the website or stop by any weekday to see if Founders Hall is a place for you. Founders Hall is open Monday through Friday, 8:30 a.m. to 4:30 p.m.

OWLS (Older Wiser Livelier Set) ..................... 203-431-7000
Founders Hall
193 Danbury Road

A club of seniors who meet at Founders Hall the first Thursday of the month at 10:00 a.m. Trips, programs, and socials are planned throughout the year.

Ridgefield Men’s Club ................................. 203-438-5737
First Congregational Church www.ridgefieldmensclub.org
103 Main Street

An organization for retired or semi-retired men who are residents of Ridgefield. The club meets on the first and third Wednesday of each month. There is no age limit for participation.
Parks and Recreation...............................203-431-2755
194 Danbury Road  www.ridgefieldct.org

A variety of recreational and aquatic activities are offered at the center.

TRANSPORTATION

FISH (Friends In Service Here).......................203-438-8044

Free transportation is available for medical and therapy appointments in Ridgefield, Danbury, Wilton and Norwalk. Call at least 24 hours in advance for an appointment.

SweetHART Bus...........................................203-748-2511
  www.hartct.org

SweetHART is a wheelchair lift equipped dial-a-ride free service available to persons 60 and older and to those of any age who are disabled and Ridgefield residents. Available Monday through Friday, 7:00 a.m. to 5:00 p.m. A “medical bus” is available on Tuesday for appointments within Ridgefield and Danbury. The bus provides door to door service within Ridgefield and Danbury. To reserve a trip, make reservations at least 24 hours in advance. Applications are available at Ridgefield Town Hall, Dept. of Social Services.
Metro-North Discount Program.................877-690-5114
www.mta.info

Seniors (65 or older) and disabled persons may travel on the Metro-North rail service for a 50% discount at all times, except on peak hours. Proof of age is required. If paying cash on train, 50% is still valid with no surcharge.

AMTRAK Reduced Fare Program.............800-872-7245
www.amtrak.com

This service provides a 15% discount for seniors (62 & older) and disabled. It is valid for the Metro Liner at off peak times; it is not valid on the Auto Train. Proof of age required.

**VOLUNTEER OPPORTUNITIES**

Retired and Senior Volunteer Program (RSVP) of Northern Fairfield County .........................203-744-4700, Ext. 124
Sponsored by Community Action Committee of Danbury, Inc.
66 North Street www.ct.gov/agingservices
Danbury, CT 06810

The Retired & Senior Volunteer Program provides opportunities to persons 55 years of age and older to participate in their communities by sharing their knowledge and skills
through meaningful volunteer experiences. Connecticut’s 10 RSVP programs link older adults with community organization seeking assistance. Volunteers provide valuable services in daycare center, nursing home, hospice programs, hospitals, home health agencies, and schools. They also participate in mentoring and tutoring programs as well as being community organizers for special projects. Liability insurance is provided by the program.

Ridgefield Visiting Nurse Association ........... 203-438-5555
RVNA .............................................. www.ridgefieldvna.org

Keeler Tavern Museum .......................... 203-438-5485
.................................................. www.keelertavernmuseum.org

Founders Hall .................................. 203-431-7000
.................................................. www.founders-hall.org

FISH (senior rides) .............................. 203-438-8044

Thrift Shop ...................................... 203-438-3328

Meals on Wheels ............................... 203-438-8788

Are You Ok? .................................... 203-438-6777

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Ridgefield Library........................................203-438-2282
www.ridgefieldlibrary.org

Ridgefield Housing Authority......................203-438-9845
Ballard Green and Congregate  www.ridgefieldhousing.org

Laurel Ridge..............................................203-438-8226
www.laurelridgehcc.com

Literacy Volunteers of America ..................203-792-8260
www.lvaschool.org

Danbury Hospital Volunteer Program .......203-739-7400
Western Connecticut Health Network
www.danburyhospital.org

Women’s Center of Greater Danbury ........203-731-5200
24-hour hotline  Domestic Violence  203-731-5206
24-hour hotline  Sexual Assault  203-731-5204
www.womenscenterofgreaterdanbury.org

Visiting Nurse and Hospice.......................800-898-4663
of Fairfield County  www.visitingnurse.net

Regional Hospice.....................................203-797-1685
www.regionalhospicect.org
American Cancer Society .......................... 1-800-889-3340
www.cancer.org

American Red Cross ................................. 203-792-8200
www.volunteermatch.org

HOUSES OF WORSHIP IN RIDGEFIELD

First Church of Christ Scientist ................. 203-438-4780
260 Main Street
www.christiansciencect.org

First Congregational Church of Ridgefield... 203-438-8077
103 Main Street
www.firstcongregational.com

Jesse Lee Memorial, United Methodist......... 203-438-8791
207 Main Street
www.jesseleechurch.com

Ridgeway Congregational ....................... 203-748-2806
United Church of Christ
602 Ridgebury Road
www.ridgeburychurch.org

Ridgefield Baptist .................................... 203-438-5751
325 Danbury Road
www.ridgefieldbaptist.org

St. Andrew’s Lutheran (ELCA) ................. 203-438-0606
6 Ivy Hill Road
www.standrewselca.com
St. Elizabeth Seton Roman Catholic ........... 203-438-7292
520 Ridgebury Road  www.sesparish.org

St. Ignatius Retreat House ......................... 203-431-0201
209 Tackora Trail  www.latinmasstimes.com

St. Mary Roman Catholic ............................. 203-438-6538
55 Catoonah Street  www.stmarysridgefield.org

St. Stephen’s Episcopal .............................. 203-438-3789
351 Main Street  www.ststephens-ridgefield.org

Temple Shearith Israel (Reform) .................... 203-438-6589
46 Peaceable Street  www.tsiridgefield.org
CONTRACTORS AND TRADESPERSONS

A WORD ABOUT USING THIS SECTION

The Commission on Aging requires participants to provide copies of licenses and insurance before including names in the book. Some of the contractors have agreed to provide their services at a discounted rate to seniors 65 and over and holders of the Gold Card. The amount of the discount is to be negotiated between the senior and service provider. Those offering discounts are indicated by asterisks (**) following the name.

PLEASE BE AWARE THAT THE COMMISSION ON AGING AND THE TOWN OF RIDGEFIELD CANNOT ENDORSE OR PROMOTE ANY OF THE CONTRACTORS OR GUARANTEE ANY WORK PROVIDED BY THE CONTRACTORS LISTED HEREIN.

SOME POINTS TO REMEMBER—ESPECIALLY ON BIG JOBS:

- Get more than one estimate; three if possible

- Ask for and check references

- Ask to see a copy of the provider’s license and insurance certificate
• Get a written contract which spells out the work to be done, the price and when the work is going to be completed.

For information or to report a problem with a contractor, contact:

Dept of ConsumerProtection .......... 1-800-842-2649
165 Capital Avenue                www.ct.gov/dcp
Hartford, CT    06106

AIRPORT SERVICE

Rick Favier .................................................. 203-431-4855
Rick’s Airport Service            cell: 203-788-3469
P.O. Box 23                      Ickyricky2000@aol.com
Ridgefield, CT    06877
Transportation to area airport, NYC and Westchester

BUILDING

Louis Wallach** ................................. 203-300-3756
Wallach Construction Associates, LLC
54 Danbury Road, #169
Ridgefield, CT    06877
Remodeling, repair, design
CARPENTRY

Alan Johnson** ........................................ 203-798-8556
Alan Johnson Carpentry Services Fax: 203-798-8556
102 Hawleyville Road ajohnson67@comcast.net
Bethel, CT 06801
Sub-contracting, carpentry services

Michael Neiman** ................................. 203-270-0773
Captain Wood Carpentry, LLC Fax: 203-270-0771
6 Fox Run Lane South captainwood@sbcglobal.net
Newtown, CT 06470
Deck/Pro Decks, carpentry, home improvements, general
repair, maintenance, kitchens, bath rooms, windows, Nova
Brik, cultured stone

CHIMNEYS

Brendan Santopolo........................................ 203-748-3393
Danbury Chimney Service, Inc.
21 Westville Avenue
Danbury, CT 06810
Chimney liners, cleaning, repointing-- Class “A” chimney
COUNTERTOPS

Stacy Boxer .............................................. 203-743-6808
Countertops by Starian, LLC. Fax: 203-730-2087
92 North Street stacy@countertopsbystarian.com
Danbury, CT 06810
Corian, Quartz, laminate, and butcher block countertops; Merilatt cabinets

ELECTRICIANS

Robin Brundage ........................................ 203-792-3701
Robin Brundage Electrical Contractors, Inc.
18 Zinn Road Fax: 203-778-5169
Danbury, CT 06811 Brundage@snet.net
Residential and commercial services

Thomas Phillips ........................................ 203-775-6352
Red Carpet Electric Fax: 203-775-9246
41-5A Delmar Drive service@redcarpetelectric.com
Brookfield, CT 06804
Emergency electrical service, electrical contracting, electrical repairs, generators
HANDYMAN

Mike Zap**.................................................................203-894-8355
Handyman of Ridgefield
32 Scott Ridge Road
Ridgefield, CT  06877
Plumbing, electrical, carpentry, miscellaneous

HARDWOOD FLOORS

Kent Hardwood Floors, Inc...................203-743-5591
36 Lake Avenue Ext.  Fax: 203-743-5593
Danbury, CT  06811  kenthardwoodfloors@yahoo.com
Installation and Refinishing

LAND SURVEYING

Paul A. Hiro** .........................................................800-850-0168
PAH, Inc.  Fax: 860-350-0904
35 Danbury Road  PaulHiro@gmail.com
New Milford, CT  06776
Land surveying services
Eric J. Kristoffersen** .......................... 203-438-3201
Kristoffersen Land Surveying, LLC.      Fax: 203-438-5954
40 Madeline Drive
Ridgefield, CT  06877
Land surveying

OVERHEAD DOORS

Paul A. Peloquin** .................................. 203-431-3667
Ridgefield Overhead Doors       Fax: 203-431-5755
703 Danbury Road, #4            Paul@ridgefieldohd.com
Ridgefield, CT  06877
Sales, service, repairs, replacement parts for garage doors and
garage door openers

PAINTING

Henry Scozzafava.............................. 203-790-5615
Henry’s Painting Company         Fax: 203-790-5615
83 Clapboard Ridge Road        henrypainting@sbcglobal.net
Danbury, CT  06811
Interior/exterior painting, drywall repair, power washing,
gutter cleaning
PLUMBING, HEATING, AIR CONDITIONING

Jon Crowe** ..........................................................203-743-6788
Carefree Heating and Cooling, LLC    Fax: 203-743-6754
8 Lily Drive    jon@carefreeheatingandcooling.com
Danbury, CT    06810
AC services, heating services, installation

Thomas Gartrell** ..................................................203-431-0209
Sunburst Plumbing and Heating, Inc.    Fax: 203-431-2910
703 Danbury Road #5    Tom@sunburstplumbing.com
Ridgefield, CT    06877
Plumbing and heating repairs and installations

Stephen Main** ..........................................................203-438-9726
Main Heating Service
P.O. Box 568
Ridgefield, CT    06877
Oil heat, sales and service

Norbert E. Mitchell Co., Inc.** ...............203-744-0600
7 Federal road, P.O Box 186    Fax: 203-743-7978
Danbury, CT    06813    mattrm@nemitchell.com
Heating, oil, propane, heating/cooling equipment, electricity
Joseph Mulvaney..........................203-438-1354
J. Mulvaney Plumbing and Heating, Inc.  Fax: 203-438-7851
32 Bailey Avenue                      info@mulvaneyplumbing.com
Ridgefield, CT  06877
Plumbing, waterside of heat, well pumps, water treatment

ROOFING

Ron Aronstam............................203-544-9054
Georgetown Roofing
74 Sunset Pass
Wilton, CT  06897
Roofing and repairs

Michael Henry**..........................203-743-6878
Henry Roofing and Home Improvement  Fax: 203-743-3657
11 Cornassle Road                      mikecyn123@aol.com
Danbury, CT  06811
Roofing, carpentry, siding, etc.

Benjamin Torres, Jr.**..................203-981-0681
Betor Roofing and Carpentry           Fax: 203-790-5321
11 Jams Drive
Danbury, CT  06811
Roofing and carpentry
SEPTIC

Bill Hall** ........................................................................... 203-438-5500
Kaiser-Battistone Fax: 203-857-4881
10 Van Tassel Court Bill@kaiser-battistone.com
Norwalk, CT 06851
Septic, drains, plumbing, water treatment

TREES

Cliff Raymond ................................................................. 203-431-3617
Raymond Tree Company, LLC. clifftree@aol.com
P.O. Box 173
Georgetown, CT 06829
Tree work, chipping

AREA SURVEYORS, ENGINEERS, SEPTIC INSTALLERS
USED BY THE TOWN OF RIDGEFIELD
A list is available in the Town Hall Annex. This list is
furnished for your convenience and does not represent an
endorsement by the Health Department or the Land Use Office
of the Town of Ridgefield. Telephone numbers for these
offices are listed below:

Land Use Office .............................................................. 203-431-2769
Health Department ........................................................ 203-431-2746
KEY PHONE NUMBERS

Emergency (Medical / Fire / Police)............................ 911
Fire Department (Non-Emergency) .............203-431-2724
Police Department (Non-Emergency) ............203-438-6531

Doctors: __________________________________________
________________________________________________
________________________________________________
________________________________________________
________________________________________________
________________________________________________

Dentist: __________________________________________

Pharmacy: ________________________________________

Additional Information: ______________________________
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THE LEIR CHARITABLE FOUNDATION

is pleased to support the publication of this directory in memory of Henry J. & Ema D. Leir who were long-time residents of Ridgefield.

The Leir Foundation recognizes the Commission on Aging for their valuable service to the Ridgefield community.

Ridgefield Commission on Aging

First Row: Sheila Silverman, MA; Christine Robertson, Chair; Marion Freer, RN. Second Row: Lizabeth Doty, MA; Mary Ann O’Grady, RN, BSN; Kathy Brennan, RN, BSN; Mary Morrisroe, BS; Alice Kenny Lucas, MA, MBA.
The Ridgefield Directory of Senior Services is a periodic publication of the Commission on Aging.

This is the fifth edition.

The Directory is also found on the Town of Ridgefield website.

www.ridgefieldct.org