Activities for At-Home Experiences

Virtual Activities
There are so many virtual activities going on in Ridgefield. Things you can enjoy from the comfort of your own home. The creative vibe in Ridgefield hasn’t taken a break during the Stay Home Stay Safe! plea from our Governor and our First selectman. Checkout the plethora of fun collected for your enjoyment below.

1. Resources from RIDGEFIELD LIBRARY including Arts and Crafts, Math Games and Science Activities
2. Resources featured on IN RIDGEFIELD various virtual offerings from our Ridgefield business, art and entertainment community.
3. Ridgefield Streams virtual events and arts.
4. Aldrich Museum’s Virtual Family Tour; Sculpture Garden and Drink and Draw Happy Hour
5. Resources from VISITCT website with information of virtual experiences with Animals, Art Museums, Family Experiences, Film theatre and Entertainment.

Physical Activities

Out and About
1. Ridgefield Historical societies’ Guided Walking Tour of Ridgefield
2. Take a hike with the Conservation Commission’s Ridgefield Walk Book – see their video

At Home tactile fun
Homemade Playdough

Recipe
- 2 cups of flour
- ½ cup of salt
- 2 tablespoons of vegetable oil (or whatever oil you have)
- 1 cup of boiling water
- Food coloring (optional)
- 2 tablespoons of cream of tartar

Method
1. Mix the flour, salt, vegetable oil, and cream of tartar together.
2. In a separate bowl, mix the boiling water with your food coloring (ask mom or dad for help).
3. Slowly add your colorful boiling water into the dry mixture a bit at a time, while stirring, until the mixture resembles dough.
4. Add more water until your playdough sticks together but isn’t sticky.

Interesting Science
When you add water to flour, proteins in the flour hold water by forming clumps that will become a dough when kneaded as if you're making bread! The more you knead it the more stretchy the dough becomes. The salt helps the proteins stay stuck together. By mixing the ingredients together, you have caused a chemical reaction that changes the properties of the ingredients you started with into a new substance with different properties.

- How did the playdough change by mixing the ingredients together?
- How does playdough feel like, how does it move?
- What kind of shapes can we make? Try make a teddy bear, a flower, a snake, a tree