ACCESS/PARKING: Parking can be found off of Shadow Lake Road in the parking area for the ballfield. [GPS Address: 175 Shadow Lake Road]

DIFFICULTY: Moderate with some small stream crossings. Approximately 45 minutes.

FEATURES: The trail starts at the ballfield and follows an old road to the lake. Continuing south around the pond, the trail crosses an earthen dam. Beyond the dam, the trail follows old deer tracks through an evergreen forest around the lake and crosses a couple of small seasonal streams feeding the lake.

Returning to the north, the trail follows the inlet stream out to Shadow Lake Road. Walk 100 yards west on the road to return to the parking lot. A brook crossing has been provided to avoid the road walk.

HISTORY: Shadow Lake was part of a larger parcel of land purchased by the town in 1996. The 188-acre “Friedman” parcel was developed, and the town kept the 57-acre parcel known as Shadow Lake for “future development.” In 2002, the Board of Selectmen voted to take 4-5 acres of property on the lake to develop for recreational purposes including a little league field; the remainder of the property has become open space.