



## Ridgefield Prevention Council

### MINUTES

**February 8, 2017**

*2nd Wednesday of each month*

**Town Hall Annex 6:30 PM**

*Mission: The Ridgefield Prevention Council supports a safe and healthy environment for all of Ridgefield's families through awareness, education and positive alternatives to alcohol and other substance use and to reduce high-risk youth behaviors.*

**Attendees:** Carolyn Knupp, Karen Facini, Margaret Stamatis, Paul Lukaszewski

**Guest:** Taylor Bradley

- **Approval of January 2017 Meeting Minutes**
- **Treasurer's report:**
  - Carnival contract signed
    - Sept 22 – 24, 2017
  - Current
    - Main operating account \$9531.64 – HVCASA and Ridgefield
      - Does not include \$5000 donation by HVCASA
      - Does include \$1500 from town
      - Does not include social media expenses yet
      - We donated \$500 to Greg Williams "Generation Found"
      - Obligated to spend \$6500 by end of June because Town and HVCASA require it (by fiscal year)
    - Donation account \$8883.31
      - Does not include \$500 Lewis Fund grant
    - Upcoming possible expenses
      - Post Grad cash and in kind donation
      - Save One Scholarship and advertisement of it
      - Social media plan and media buys
      - Saferides
      - Media plan around Prom
- **Old/New Business**
  - "Eyes Wide Open" forum – Feb 1 recap
    - "Bring a Friend" idea
    - Blue evaluation forms – Laura C summarized in email. Good feedback
    - What is the solution? "What are we going to do about it"
  - Collaboration with other Fairfield county councils
  - RHS Save One Scholarship – discussion
    - Big push for communication this year of the scholarship – and posting on Naviance, ad in paper, website, Facebook
  - Visioning Retreat March 1 – 5:00 – 8:00pm
  - B&GC

- Tim meeting next week with B&GC about panel (3-4 youth in recovery on panel)
  - Discuss post Prom substance free event at B&GC
- Other – program ideas
  - Bullied into Silence
  - Programs that do work (based on some research)
    - Youth learning how to deal with their emotions in healthier way – “LIFE” Looking Inward for Emotion – learn about DBT and CBT skills, coping skills
      - Synergy with “Out of the Box” program (Helene Fischer program with dogs)
      - Project Resilience
    - Peer mentoring “communication confidante”
- **Other Initiatives/ Committee Reports**
  - Grant Committee
    - Lewis Fund donating \$500 – have not received check yet
    - Danbury Savings bank?
    - PBA – gave us check in 2015 for Carnival
  - Social Media Committee
    - Meeting Feb 15 with social media consultant will need to be rescheduled due to conflicts. Wendy L at Town Hall to join.
  - Ridgefield Press articles
    - Consistent messaging in the Press – frequency?
      - Can we pull content from other things? Kathy and Laura?
  - Collaboration with other town agencies
    - Future programs with Youth Commission?
  - School Outreach
    - SRMS 8<sup>th</sup> grade program – April 24 for 8<sup>th</sup> grade students
    - Fall speaker – RHS
      - RHS SLO working directly with Chris Herren for Oct 2017
      - Potential kick off to Project Purple activities – with HVCASA and town (midJanuary) and RHS sports/clubs
    - HS Advisory Council
    - Laura C speaking to RHS health teacher about bringing in marijuana speaker she heard
    - Post Grad donation
    - Save One Scholarship
    - Mock Car Crash support
- **Other**
  - Upcoming events
    - Feb 15 – Alexandra Lehmann movie event – 7:00
    - March 15 at the Playhouse – Greg Williams movie – “Generation Found” – Trailer <https://www.youtube.com/watch?v=iHNztoBkEv8>
    - Sept 22 – 24 – Carnival dates
  - Taylor Bradley to submit letter of intent to join Council
  - Consider moving to another night per month to accommodate Member schedules



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