

March 23, 2020 Commission on Aging Meeting Minutes

Monday, March 23rd, 2020 at 7:00pm

Meeting was held via conference call due to the COVID-19 Virus.

Attendance: Laura, George, Sheila, Mary, Lynn Marie, Tony, Karen, Debra, Andrea

Absent: Cathleen

Sheila is reaching out to call friends daily.

Mary confirmed that The Women's Club "Are you Okay" program is still up and running for those who would like to join the program.

Lynne Marie talked about Compassionate Ridgfield and the Neighbor to Neighbor program they just launched. Which pairs seniors with volunteers who can shop for them, pick up meds, etc.

Dr. George talked about the importance of keeping structure in life moving forward. George also provided the commission with a resource list that we will share with the community once completed.

Andrea talked about the use of technology to see her family, cooking and daily telephone calls to friends.

Laura is on the front lines working at two different nursing homes that are locked down. She working more hours and very long days.

Tony talked about the future to come as the virus spreads in the community and how we must be diligent and follow CDC guidelines.

Meeting adjourned at 8pm.

The next meeting will be Monday, April 20th via conference call at 7:15pm on conference bridge [1\(425\) 436-6354](tel:14254366354) #737162.

NOTE: Anyone requiring special accommodation due to disability is asked to contact Town Hall.

Thanks,
Debra Franceschini-Gatje