

Commission on Aging

Minutes of the Meeting

March 19, 2018

Present: Chair Chris Robertson, Marion Freer, Dayna Sierakowski, Kathleen Brennan, Sheila Silverman, Mary Morrisroe, George Noyes, Advisor Karen Gaudian

Absent: Mary Ann O'Grady

The meeting was called to order by Chair Chris Robertson at 2:32pm.

Minutes from February meeting were presented. Sheila Silverman moved to accept, Kathy Brennan seconded.

BOS Meeting is on April 4th, Debra Francheschini-Gatje looking to be appointed to Commission. Mary Morrisroe and Marion Freer to be recommissioned.

League of Women voters has a meeting this Saturday, March 24th at 1pm at the Ridgefield Library, John Frey, Toni Buscher and Michael Ferguson. Legislators will be providing info on current legislation. Karen stated that legislators had meeting last Friday, however, notification wasn't given. Don't know latest info on MSP. There was to be a hearing about certain things effecting Medicare, MSP, etc. We were hoping that they keep income levels the same, but info not sure at this point.

Chris received result of how much we spent and what is left in budget: \$13,502.57

Chris received letter from Margot Gibis at Leir Foundation for grant application. Application has to be in by April 24th. Discussed possible ideas to apply for grant---senior appreciation day, senior retreat, etc. George Noyes made motion to investigate funding for how much it would cost to send income eligible seniors to a retreat. Then grant application will be made to Leir Foundation for funds to cover cost of program. Kathy Brennan seconded. Motion accepted.

Discussed possible future speakers at Commission meetings:

- John Frey to speak at May meeting
- Social Security, Medicare, insurance and CHOICES program info session (would be September)
- Legal issues for seniors—taxes, estate planning, investing, financial planning, etc.-June?
- RVNA Nutrition/Meals on Wheels-July?
- Other organizations that cover senior medical issues (ex. Western CT Health Network)
- Eldercare attorney-Oct?
- Police department and McGran (fraud)
- Fire department-Meyers (new chief), smoke alarms
- Lifeline
- Meals on Wheels
- Ridgefield Library

Would have meetings in large conference room, same time as COA monthly meeting, and we would provide refreshments. Suggestion was made to send out notification cards to senior residents with dates and times of meetings.

Commission members signed up for times to cover COA table at RVNA Health Fair on April 21st from 10am-3pm at East Ridge Middle School.

Meeting was adjourned at 4:16pm.