

Ridgefield Prevention Council Meeting

September 21, 2022

Members present: Sierra Fregosi, Bhargavi Ramamurthy, Tina Malhotra, Carol Ann Sganga, Sarah Lorenzini, Kim Carone, Brian Nash, Karen Facini, Colin Nash

Meeting called to order: 7:05

Approval of Minutes for August: To be done in October along with June & August

Treasurer Report: 178.08 & 23,165.95

Reports/Discussion:

- Recovery Event Recap- All went well @ the Library. It was very well attended & received great feedback from the speakers (especially the Al Anon speaker). For next year start planning in June and create a committee. Incorporate luminaries (light one in remembrance of someone, etc).
- Narcan Training- Only 2-3 registered so far. Need to get the word out more. Print up posters to put around town. Clarified that under 18 can attend but they have to have a parent there for them to receive the Narcan after the event.
- Safety Day- Sierra and Louann will be working the event. They will be picking out the giveaway stuff from the closet. There will be 2 NCL volunteers there to help.
- RHS Football Giveaway- Spoke about being the spirit sponsor for RHS homecoming game. Karen to look into some ideas (bells, claps, foam paws, etc). Must order 1000. Can have signs printed up stating RPC is the sponsor.
- November- Vaping
 - Postcard- we will move forward using the voter registration information in town. We will also use the kids art winners from last year (can have 3 different versions printed). Sarah to help with details for the postcard. We will recruit NCL for help stamping and "addressing" the post cards.
 - Banner @ Town hall- we will put up in November
 - Poster Contest (prizes, rules, judges)- will move forward like last year. Kim to send out the details for everyone to approve. We will also be printing posters of the winners last year.
- Holiday Stroll Update: Sierra spoke of an engaging activity like corn hole with impaired goggles. Concerns about safety and germs were brought up. Everyone like the idea of an interactive booth, maybe with a impaired driving game? Everyone to look into possibilities. Will also be handing out the breathalyzers (order double from last year), postcards on depression during the holidays (still have from last year) and information on RPC.
- Bylaws- Sarah presented basic bylaws for non-profits. Everyone has homework to read through them, and make notes (add things, cross out things, etc). Spoke about
- Student Representatives
 - Welcome- Colin!

- We decided we don't want to turn any volunteers away. It would be best to have a goal of 2 student reps per grade at the high school. Kim will email all who have emailed with interest and formally invite them to our October meeting.
- - Could use student help with Homecoming giveaway and all future events.
- Would love to form a club at the high school. Could offer to bring breakfast into the school and host something during a flex period. Something for our future high school members to think about.
- We will have more details on how the role will work & what will be expected & given in return (aka, volunteer hours).
- 22-23 Calendar Review- Please go into the calendar and assign yourself to months with no one in charge.

New Business:

- Monthly Pizza Fridays - HS Students- We will be moving forward with this starting in October. The **1st Friday** of every month, high school students can go into Planet Pizza from 6-9 and receive a slice of pizza and a fountain drink by showing their high school student ID & writing their name, email address and cell number on a clipboard. All high school students are welcome. Kim to create a poster to be displayed/posted around town.
- Rock & Rescue Pets- Thought they might be of help to those going through recovery, depression, etc. Interest was made to see them come into the high school for students. Kim will reach out to the organization to see if they're interested.
- Liquor Stickers (need to replenish?): yes, and we can also have them available at the holiday stroll
- RPD Trunk or Treat 10/31: RPC will pay for the candy if someone would like to decorate their trunk. Sarah to work on this and Bhargavi to help.
- WTC Meetings - Kim to send out the meeting dates and everyone to take a date to help out.
- Grant for 2023- Kim to create base on our calendar & Sarah to double check.
- Website & Aspire Help Needed: Sarah to help look over the material they're posting & she has also offered to help with the website. We discussed not using them after November.
- Decided we like the idea of a high school "social media poster contest". Instead of a personal winner, the winners will be based on how many likes can be generated back to RPC. Details to come out to the group & all will need to edit them (being this is a new idea). The thought is to use the funds we would be paying Aspire and put that to use engaging our high school students while donating to their class funds. The topics to be posted will be Vaping & Mental Health, with a goal for students to start the project in December or January (info to be determined).

Adjourned: 8:33 pm

Respectfully submitted,
Kim Carone