

Ridgefield Prevention Council March 9, 2016 Minutes

Mission: The Ridgefield Prevention Council supports a safe and healthy environment for all of Ridgefield's families through awareness, education and positive alternatives to alcohol and other substance use and to reduce high-risk youth behaviors.

Attendees: Karen Facini, Kirsten Salley, Tim Hastings, Paul Lukaszewski, Alan Eskenazi, Tracey O'Connor, Laura Cleary, Kathy Halsey

Guests: Helaine and Harold Fischer

• Welcome and Call to Order

- o Meeting Minutes from February 10, 2016 approved
- o Treasurer's Update Karen Facini

• Guest Presentation -

- Helaine and Harold Fischer "Out of the Crate" workshops
 - Not for profit, local wellness company
 - "Exchange" workshop models that can be scaled for size, groups, ages
 - Niche to use animals (ROAR) as part of workshops
 - Consider partnership and mutual support

• Project Initiatives

- Lilo Brancato March 23, 2016 at Playhouse
 - RPC members at Playhouse around 6:30 to set up and man brochure table, questions, donations...
 - Kirsten to design 1 page flyer with information about RPC initiatives
 - Carolyn to bring collateral and premiums
- o Drug Take Back Day April 30th
- o RVNA April 9
 - Laura Cleary helping to organize

Other Initiatives

- Website
 - Donation mechanism will be through 'ClickandPledge" in line with other town groups under the "Friends of Ridgefield" not for profit status
 - Website is good to go live (add donation mechanism as soon as it is done)
- Laura has volunteered to help keep coordinated "library" of collateral materials (so that she can disseminate it to other groups as well)

- o Grant Committee (Paul, Karen, Kirsten, Margaret) to meet
- Narcan training for professionals
 - Laura organizing with Silver Hill Hospital
- Laura to look into possibility of having a session in Ridgefield hosted by police similar to Newtown panel that will be on 3/23
- Mock Car Crash
 - Look into options and feasibility of bringing it to RHS in fall 2016 Karen to contact Captain Kreitz, Laura to reach out to MADD, Margaret to talk to other groups, all members can research options for planning and execution
- "The Cares Group" (Donna DeLuca) is coming to Ridgefield (will use facilities at Insight Counseling)
 - May have her as guest presenter at our April 13 Meeting
 - Invite First Selectman and Superintendent
- o HVCASA to provide lawn signs for Drug Take Back Day
- o Post Grad Party donation
- o RHS scholarship Margaret coordinating with RHS

• Old/New Business

- o Meeting time moving to 6:30 PM starting with April meeting
- o HVCASA self assessment all members to fill out form sent by Karen Facini



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