

Ridgefield Youth Commission  
Minutes  
October 7, 2009

The Youth Commission held its meeting at Family University this month. The event took place at Scott's Ridge Middle School. The evening was well attended and very informative.

The keynote speaker was Ginger Katz, CEO and Founder, of The Courage to Speak Foundation. Ginger shared the story of her son Ian's death due to a drug overdose. Since her son's death in 1996 the Courage to Speak Foundation has reached over a million people across the country through school presentations, state and national conferences and other venues.

After the keynote address there were workshops on numerous topics such as self esteem, substance abuse, navigating adolescence and communication. In addition, the Inside Out Players did a performance in the auditorium.

The attendance at Family University seemed to have grown this year. Congratulations to the organizers for providing such an interactive and educational evening.