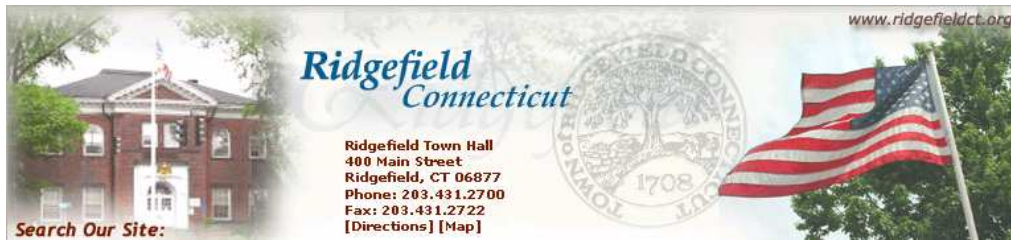


**Ridgefield Directory of Services
for Seniors and Residents**
Included- List of contractors
and tradespersons



Edition 4.1



Mission Statement:

The Commission on Aging identifies the needs of senior citizens living in Ridgefield and coordinates services that further their well-being.

It has prepared this directory as a resource for information about services for senior citizens and residents of Ridgefield. Many services are provided by volunteer organizations; therefore, the directory also serves as a guide for volunteer opportunities.

NEW TO THIS EDITION is information on licensed and insured contractors. Many will give senior citizens a discount. We hope this will be useful.

Where to Find It

Adult Day Care	14
Daily Communications	16
Education and Leisure	31
Emergency Intervention and Referral / Social Services	3
Emergency Phone Numbers	56
Employment Opportunities	24
Financial, Tax, Legal and Professional Assistance	25
Food and Food Stamps	20
Health Insurance	17
Houses of Worship in Ridgefield	42
Ridgefield Housing Authority	22
Managed Residential Communities	23
Medical and Health Services	7
Minor Household Repairs	24
Pharmacies in Ridgefield	10
Rehabilitation and Skilled Nursing Facilities	11
Senior Organizations / Clubs	36
State and Federal Programs	29
Substance Abuse	15
Support Groups	13
Transportation	38
Utilities Assistance Program	27
Veterans	28

Volunteer Opportunities	40
<i>New to this edition</i>	
Contractors and Tradespersons- Word to Seniors	44
Builders	46
Carpentry	47
Countertops-Chimneys-Design	48
Electricians-Handyman	49
Hardwood Floors-Home Repairs-Land Surveying	50
Landscaping-Painting	51
Plumbing, Heating and Air Conditioning	52
Roofing	53
Septic	54
Trees	55

EMERGENCY INTERVENTION AND REFERRAL

DEPARTMENT OF SOCIAL SERVICES

Ridgefield Town Hall
400 Main Street

**Director of Social Services, Agent for the Elderly and
Americans with Disabilities Act Coordinator 203-431-2777**

Agent for the Disabled

203-431-2754

socialserv@ridgefieldct.org

This department is dedicated to providing a full range of community social work to local residents in order to promote the physical and economic well being of our citizens. It assists Ridgefield in accessing State and Federal financial and medical programs. Social Services also provide a wide variety of information and referral services.

Social Services offers highly specialized services to disabled and elderly residents in obtaining access to such things as the free local SweetHART bus service and energy assistance. There is also a program called Friendly Shoppers for people who are unable to leave home alone.

This Department oversees the Emergency Fund which helps residents who are financially distressed purchase necessities such as perishable food, clothing and home heating fuel. Social Services maintains a Food Pantry of donated food for Ridgefield residents in need.

ELDER ABUSE & NEGLECT

CT Dept of Social Services (DSS)
Danbury

203-207-8955
www.infoline.org

Protective services for the elderly; evaluates complaints of abuse, neglect, exploitation, or abandonment of persons age 60 or older in the community. If you suspect that an elderly person is a victim of abuse neglect (including self-neglect) or exploitation, contact the Protective Services line above. For after-hour emergencies, call **INFOLINE** at **211**.

2-1-1 is an integrated system of help via the telephone- a single source for information about community services, referrals to human services, and crisis intervention. It is accessed toll-free from anywhere in Connecticut by simply dialing 2-1-1. It operates 24 hours a day, 365 days a year. Multilingual call specialists and TDD access is available.

Connecticut residents call 2-1-1 for many different types of help. Professional call specialists help callers with such complex issues as substance abuse, gambling, domestic violence programs, suicide prevention, financial problems, and much more. Other callers may simply be looking for volunteer opportunities. By dialing 2-1-1, a caller is connected with a 2-1-1 call specialist who helps the caller assess their situation and find community services in their area that can assist them.

It's important for people to remember that 911 remains the number to call for Police, Fire or EMS emergency response and 411 for directory information.

Long Term Care Ombudsman Program

Statewide

1-866-388-1888

State of Connecticut: West Region

203-597-4181

www.ct.gov/ltcop/

Long Term Care Ombudsman Program (LTCOP) works to improve the quality of life and quality of care of Connecticut citizens residing in nursing homes, residential care homes and assisted living communities. All Ombudsman activity is performed on behalf of, and at the direction of residents. All communication with the residents, their family members or legal guardians, as applicable, is held in strict confidentiality.

The LTCOP responds to, and investigates complaints brought forward by residents, family members, and/or other individuals acting on their behalf. Ombudsmen offer information on consultation to consumers and providers, monitor state and federal laws and regulations, and make recommendations for improvement. The program also recruits, trains and supervises Volunteer Resident Advocates who assist residents in resolving concerns.

MEDICAL AND HEALTH SERVICES

Ridgefield Visiting Nurse Association 203-438-5555
90 East Ridge fax: 203-431-6583
Ridgefield www.ridgefieldvna.org

Home Health Care: Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Geriatric Care Management, Psychiatric Nursing, Maternal / Child Nursing, Newborn / Infant Care, Toddler / Teen Care, Senior Care, Wound Care, Palliative Care, Private Duty Home Care, Home Telemonitoring, Medical Alert Service, Home Health Aides, Homemakers, Live-in Home Health Aides, Nutrition Counseling, I.V. Therapy and Respite Care

Community Wellness: Annual Health Fair, Flu & Pneumonia Vaccine Clinics, Travel Consultation / Immunizations, Well Child Clinic, Blood Pressure Clinics, Meningitis Clinic, Shingles vaccine, HPV Vaccine (to help prevent cervical cancer), Stroke Alert Clinic, Quality Living at Home, Friendly Driver Program and Wellness Seminars

Public Health & Safety: Emergency Preparedness, Disaster Planning, communicable Disease Prevention & Surveillance
CHAP ACCREDITED, MEDICARE CERTIFIED, STATE LICENSED

Danbury Nurses Registry
131 Deer Hill Avenue
Danbury

203-748-2420
www.seniorcareathome.com

The Danbury Nurses Registry is a family owned and operated home health referral agency founded in 1930. We have been caring for the community for more than 70 years, providing Patient Care Attendants to assist people in their homes with bathing, dressing, meal preparation, medication reminders, and companionship. We also provide Registered Nurses, Licensed Practical Nurses and Certified Nurses Aides for staff relief and one on one care.

Almost Family
44 North Street
Danbury

203-792-8504
fax: 203-796-7358
www.almostfamily.com

Durable Medical Equipment
Sales & Rental
A 2 Z Medical Supplies
67 Newtown Road
Danbury

203-798-6890
www.a2zmedicalsupply.com

Live-ins for the Elderly
48 Newtown Road
Danbury

203-748-9028
www.liveinsfortheelderly.com

Medical Home Care Inc.
32 Stony Hill Road
Bethel

203-792-6872
www.medicalhomecarect.com

Mid-Fairfield Hospice
P.O. Box 489
Wilton

1-800-898-4663
www.visitingnurse.net

Home care programs designed to meet the needs of terminally ill patients and their families: 24 hour availability of nursing care and psychological support.

Regional Hospice of Western CT
405 Main Street
Danbury

203-797-1685
www.regionalhospicect.org

Care, comfort and compassion for those touched by life limiting illness and loss.

Danbury Hospital
Emergency Room
24 Hospital Avenue
Danbury

203-797-7000
203-797-7100

www.danburyhospital.org

Norwalk Hospital
Emergency Room
34 Maple Street
Norwalk

203-852-2000
203-852-2160

www.norwalkhosp.org

PHARMACIES IN RIDGEFIELD

Bissell Pharmacy
23 Governor Street

203-438-6433

CVS Pharmacy
467 Main Street

203-431-8888
www.cvs.com

Rite Aid Pharmacy
125 Danbury Road

203-438-7378
www.riteaid.com

Stop & Shop Pharmacy
125 Danbury Road

203-438-0340

**REHABILITATION AND SKILLED NURSING
FACILITIES (SNF)**

Laurel Ridge
Health Care Center
642 Danbury Road
Ridgefield

203-438-8226

www.laurelridgehcc.com

Ridgefield's only nursing and short term Rehabilitation Center. Long term care, hospice, and respite care are also provided.

Bethel Health Care (Bethel)

203-830-4180

www.bethelhealthcare.com

Danbury Healthcare Center

203-792-8102

www.ci.danbury.ct.us

Filosa (Danbury)

203-744-3366

www.filosa.com

Hancock Hall (Danbury)

203-794-9466

www.filosa.com

Harborside Glen Hill (Danbury)

203-744-2840

www.healthcare.com

Meadow Ridge (Redding) 203-544-1000
www.lcsnet.com

Pope John Paul II (Danbury) 203-797-9300
www.harborsidehealthcare.com

Wilton Meadows (Wilton) 203-834-0199
www.wiltonmeadowshealthcare.com

Nursing care is available when an individual can no longer remain at home. This level of care is also appropriate for discharged hospital patients who require sub-acute care and are not ready to return home. To qualify for admission to a skilled nursing facility, the applicant must have a physician's order to cover nursing home care.

Contact the CT Dept of Public Health for: **1-860-509-8000**

- questions www.dph.state.ct.us
- requests for information
- complete listing of nursing home facilities licensed by the State of Connecticut.

SUPPORT GROUPS

LOCAL GROUPS

**Ridgefield Visiting Nurse
Association (RVNA)** **203-438-5555**
www.ridgefieldvna.org

Support Groups- call for listings and times

Ann's Place (support
services for cancer) **203-790-6568**
www.annsplace.org

NATIONAL GROUPS

Alzheimers Association **1-800-272-3900**
www.alz.org

**American Cancer
Society** **1-800-889-3340**
www.cancer.org

**American Heart
Association** **1-800-242-8721**
www.americanheart.org

**American Diabetes
Association**

1-800-842-6323
www.diabetes.org

**American Lung
Association**

1-800-548-8252
www.lungusa.org

Arthritis Foundation

1-800-541-8350
www.arthritis.org

**Multiple Sclerosis
Society**

1-203-838-1033
www.nationalmssociety.org

ADULT DAY CARE

Adult Day Care Centers provide a variety of services to disabled or elderly persons with functional or cognitive impairments who are unable to remain at home unattended during the course of the working day. Services include supervision, health monitoring, a noon time meal, recreation, personal care and family support.

For information contact:

**CT Association of Adult Day
Care Centers**

1-860-828-8653
www.canpfa.org

eligible seniors. Sliding scale for others. Support group meets Friday at 10:00 a.m. at the address on the previous page.

DAILY COMMUNICATIONS

“ARE YOU OK?”

203-438-6777

A program sponsored and supported by the Ridgefield Woman’s Club and the Ridgefield Firefighters’ Association which provides the free service of daily telephone calls to check on clients’ safety. It is available to any resident of Ridgefield and Redding who is over the age of 60 and to residents living alone who are homebound, or are medically disabled (either on a temporary or a permanent basis) regardless of age. Call and leave a message if you wish additional information.

LIFELINE

**Ridgefield Visiting Nurse
Association (RVNA)**

203-438-5555

www.ridgefieldvna.org

Lifeline is a two-way personal response system that provides safety 24 hours a day in your home. When you need help, just press the Lifeline Personal Help Button. Within seconds, a Personal Response Associate reviews your profile and quickly assesses the situation. The associate then contacts a neighbor,

loved one or emergency services based on your specific needs.

The Personal Response Associate will follow up to ensure that help arrived.

Installation is free for Ridgefield Senior Gold Card holders.

HEALTH INSURANCE

MEDICARE

Western CT Area Agency on Aging

1-800-994-9422

www.wcaaa.org

Medicare is a federal health insurance program for people 65 or older and certain disabled individuals. The program, run by the Health Care Financing Administration (HCFA), has four separate parts: A, B, C, D:

Part A: Covers hospitalization, skilled nursing care, home health and hospice.

Part B: Covers almost all reasonable and necessary medical services, including doctors, lab work, x-ray services, ambulance services, durable medical equipment, blood and medical supplies.

Part C: Medicare Advantage, allows people to get their Medicare-covered services from Medicare approved private health plans such as an HMO or PPO.

Part D: The prescription drug benefit which pays a portion of

your drug costs for approved drugs and is available through Medicare private drug plans or a Medicare private health plan. There are important differences with all parts of Medicare and how services are delivered, how and when payment is made and how much a beneficiary may have to pay out of pocket.

For more information, please contact the Western Connecticut Area Agency on Aging, via the phone number or website listed on the previous page.

“CHOICES” (a.k.a. State Health Insurance program)

Western CT Area Agency on Aging

1-800-994-9422

www.wcaaa.org

CT program for health insurance assistance, outreach, information and referral, counseling; eligibility screening provides free unbiased information to all individuals 60+. CHOICES is a cooperative program of the State of CT Dept of Social Services, the Area Agency on Aging, and the Center for Medicare Advocacy and is funded by the Centers for Medicare and Medicaid Services and the Administration on Aging through the Older Americans Act.

Trained staff provides information and assistance on Medicare, Medicaid, prescription drugs and other related health insurance options and can screen individuals for more than 20 federal and state benefit programs. The CHOICES

program is a comprehensive “one stop shopping” source for most services available to older adults.

MEDICAID

CT Dept of Social Services

1-800-443-9946

www.ctmedicalprogram.com

Medicaid is a program designed to help persons who are disabled, blind, or receiving public assistance to pay medical expenses. In Connecticut the program is run by the Dept of Social Services. There are income and asset limitations.

Qualified Medicare Beneficiary Program (QMB)

CT Dept of Social Services

203-207-8900

www.ctmedicalprogram.com

All Medicare Part B Enrollees: The QMB program provides financial help to pay for Medicare monthly deductibles and co-insurance. Eligibility is related to asset and monthly gross income.

MEDICARE Services Hotline

1-800-262-4414

Operated by the CT Dept of Health. Medicare beneficiaries can obtain information and register complaints or concerns regarding Medicare home health care services.

Center for MEDICARE Advocacy

1-800-262-4414

www.medicareadvocacy.org

www.fairmedicare.org

Only through advocacy and education can elders and people with disabilities be assured that Medicare benefits and health care are provided. Staffed by attorneys, paralegals, nurses and information management experts.

FOOD AND FOOD STAMPS

Food Pantry

203-431-2777

Ridgefield Town Hall

400 Main Street

Canned and packaged goods are available to provide assistance to those in need. Access through elevator in the Bailey Avenue entrance, press the UL button. The pantry is open:

Monday: 9 a.m. - 11:30 a.m.

Tuesday: 2:30 p.m. - 4 p.m.

Friday: 9 a.m. - 11:30 a.m.

Food Stamp Program**203-207-8900**

CT Dept of Social Services
342 Main Street
Danbury

This program has both an income and asset cap to determine eligibility.

Meals-on-Wheels**203-438-8788**

Ballard Green
25 Gilbert Street
Ridgefield

Those who are unable to make meals for themselves are provided with lunch and / or a major meal of the day, fully prepared on premises by our kitchen staff and delivered by volunteer drivers each Monday, Wednesday and Friday. Service is 365 days of the year, including holidays. Service can be provided for as many days of the week as needed. There is no age or income limit, nor is it limited to individuals with medical conditions. A nominal fee is charged. No one is refused for financial reasons. A fee adjustment is available.

RIDGEFIELD HOUSING AUTHORITY

There are two facilities run by the Ridgefield Housing Authority. These facilities are *not* restricted to Ridgefield residents.

Ballard Green- Independent Apartments **203-438-9845**
25 Gilbert Street www.ridgefieldct.org

Ballard Green is a planned living environment for the WELL elderly and disabled who are able to live independently. Subsidies may be available. Residents must be within income requirements in order to be eligible. Criteria of age and income apply.

Prospect Ridge- Congregate Housing **203-431-9943**
51 Prospect Ridge www.ridgefieldct.org

Congregate housing consists of 34 one-bedroom units. The four story elevator building has a central dining room where one meal a day is served at noon. Each unit receives a maximum of one hour housekeeping per week and someone is on duty 24 hours a day to assist in an emergency. Persons having temporary or periodic difficulties with one or more essentials of daily living may qualify. Criteria of age and

income apply.

MANAGED RESIDENTIAL COMMUNITIES

Ridgefield Crossings 203-431-2255
(Ridgefield) www.benchmarkquality.com

Meadow Ridge 203-544-1000
(Redding) www.meadowridge.net

The Gardens 203-748-0506
(Danbury) www.thegardensct.com

Harborside Glen Crest 203-790-9161
(Danbury) www.healthcare.com

Sunrise 203-761-8999
(Wilton) www.sunriseseniorliving.com

The Greens 203-761-1191
(Cannondale) www.thegreensatcannondale.com

Maplewood 203-744-8444
(Danbury) www.maplewoodatdanbury.com

MINOR HOUSEHOLD REPAIRS

Mr Fix-it

203-792-8200

Contact: Director of
Emergency Services

emsvc.arc.western.ct@snet.net

This is a service of the American Red Cross RSVP (Retired and Senior Volunteer Program).

Minor home repairs which would contribute to the health and safety of seniors or the disabled are done, such as, loose door knobs, tacking loose carpeting, unsticking windows and doors, replacing broken windows, etc.

EMPLOYMENT OPPORTUNITIES

CT Dept. of Labor:

Job Bank, Job Centers and other resources 203-797-4150

www.ctdol.state.ct.us

These offices provide assistance to individuals seeking employment and to employers seeking workers. Staff and counselors trained in providing services to older workers are available.

**FINANCIAL, TAX, LEGAL AND
PROFESSIONAL ASSISTANCE**

Social Security Administration
131 West Street
Danbury

203-748-3569

www.socialsecurity.gov

Social Security, Medicare and Supplemental Security Income Program.

Reverse Annuity Mortgage (RAM)
Contact the Dept of Social Services

203-431-2777

www.ridgefieldct.org

These are loans that allow homeowners who need extra income, tap into the equity in their homes.

AARP Tax-Aid
Ridgefield chapter # 4852

203-438-2755

Confidential and free assistance in filing federal and state tax returns for those with low to moderate earnings. The service is provided by AARP volunteers certified by the IRS. Available February 1 through April 15.

Tax Assessor's Office
Ridgefield Town Hall
400 Main Street

203-431-2706
www.ridgefieldct.org

Some seniors may qualify for a reduction of real estate tax, veterans tax exemption, rental assistance, or the Real Estate Tax Deferment Program.

CT Dept of Revenue Services

1-800-382-9643
www.ct.gov/drs

Federal Dept of Revenue Services

1-800-829-1040
www.irs.gov

Resources for Legal Assistance

1-860-808-5318

Office of the CT Attorney General

www.ct.gov/ag

Ridgefield's 55+ Network

203-431-5758
ridgefield55plusnetwork@gmail.com

The Network is a group of local professionals offering free access to services for people in their mid 50's and above. Associates include: healthcare, organization / home safety, home meal preparation, financial planners, reverse mortgage

and realtor services specializing in assistance to seniors.

UTILITIES ASSISTANCE PROGRAM

CT Energy Assistance Program 203-431-2754
Municipal Agent for the Disabled www.ridgefieldct.org

This program is designed to assist low-income households pay their heating bills. The program makes vendor payments for homeowners and renters who qualify. Benefits are based on income and household size.

CT Light & Power (CL&P) 1-800-286-2828
www.cl-p.com

Winter Protection Program (Utility Shut-off Moratorium).
Participants in this program will be coded by their utility companies as “hardship cases” and will not have their utility service shut off between November 1 and April 15.

TELEPHONE ASSISTANCE

Office of Services for Persons with Disabilities
1-800-922-4605

AT&T- Hearing and Speech Impaired
(TDD/TTY) 1-800-842-1514
www.att.com

Standard and special equipment with hearing loss, impaired

vision, speech loss or impaired mobility.

VETERANS

U.S. Dept of Veterans Affairs **1-800-827-1000**
(TDD) 1-800-829-4833
www.ncptsd.va.gov/ncmain/website

CT Dept of Veterans Affairs
Veterans Home & Hospital **1-800-550-0000**

Veterans Affairs
Director of Veterans Affairs **203-797-4620**
9 a.m. – 5 p.m.
198 Main Street
Danbury
VA Primary Care (Outpatient Clinic) **203-798-8422**
Monday – Friday, 8:30 a.m. – 4:30 p.m.
7 Germantown Road
Danbury

STATE AND FEDERAL PROGRAMS

CONNPACE (prescription medication assistance)

Contact: Municipal Agent for the Elderly **203-431-2777**

www.ridgefieldct.org

This program helps elderly and disabled pay for prescription drugs, insulin / syringes / needles. Participants pay a co-payment for each prescription; CONNPACE pays the balance. Participants pay an annual enrollment fee. There are income and asset limitations.

State Supplement for the Aged, Blind, Disabled

Contact: Municipal Agent for the Disabled **203-431-2754**

www.ridgefieldct.org

This is a state income maintenance program administered by DSS designed to supplement assistance under the Federal Supplemental Security Income (SSI) program. There are no age limitations for aid to the blind, or disabled.

Commission on Aging (COA)

Ridgefield Town Hall
400 Main Street

203-431-2700

www.ridgefieldct.org

The commission, which is town appointed, identifies the needs

of seniors living in Ridgefield and coordinates services that further their well-being. It meets the 3rd Monday of each month at 9:30 a.m. in the lower conference room of Town Hall. Meetings are open to the public. NOTE: Anyone requiring special accommodations due to disability is asked to contact the Chair at 203-438-6165.

Elderly Services and Referral
CT State Dept of Social Services

1-800-443-9946
www.ct.gov/dss

This program was initiated in CT in 1984 in recognition of the critical need for individuals to act on behalf of elders who, due to mental or physical disability, were incapable of managing their own affairs. Staff, representing the Dept of Social Services Commissioner, are appointed by the probate court to supervise the personal affairs of an individual, including: arrangement for medical needs and nutritious meals, clothing, safe and adequate housing, and personal hygiene. Individuals are protected from physical abuse, neglect and other harm.

Connecticut Community Care, Inc. (CCCI) 203-596-4800
fax: 860-274-1860
www.ctcommunitycare.org

Caring From Every Perspective: Connecticut Community Care, Inc. (CCCI) makes it possible for elders or individuals with disabilities to live independently at home. Our nursing

and social services care managers look at care management from every perspective, including caregiving, housekeeping, social, emotional, medical and financial needs.

Dept of Consumer Protection

1-800-842-2649

www.ct.gov/dcp

This department is responsible for ensuring and guarding the rights of consumers in such areas as food, product safety, weights and measures, drug control, fraud, consumer education and the licensing of many professionals and tradesmen.

EDUCATION AND LEISURE

The Senior Positive Initiative Forum (SPIF) was organized to coordinate the organizations in Ridgefield which work with older residents. The Ridgefield Senior Gold Card Program is sponsored by SPIF.

The Ridgefield Senior Gold Card is free to Ridgefield residents 65 and older. Gold Card holders receive various free and discounted services from numerous town departments, organizations and businesses. It is Ridgefield's way of thanking senior citizens for their many years of community service.

To get a Gold Card, present a Connecticut driver's license with a Ridgefield address or CT identification at the Ridgefield Town Hall Information office.

Ridgefield Town Hall **203- 431-2700**
400 Main Street www.ridgefieldct.org
Monday through Friday, 8:30 a.m. - 4:30 p.m.

With the Gold Card you will get a booklet called "Benefits" which is a list of organizations and merchants who are currently participating in the program and what they are offering to Gold Card holders.

In addition to others, the following Ridgefield organizations participate:

Aldrich Museum **203-438-4519**
258 Main Street www.aldrichart.org

Keeler Tavern Museum **203-438-5485**
132 Main Street www.keelertavernmuseum.org

Ridgefield Library **203-438-2282**
472 Main Street www.ridgefieldlibrary.org

Ridgefield Playhouse 203-438-9748
80 East Ridge www.ridgefieldplayhouse.org

Ridgefield Community Center- Lounsbury House 203-438-6962
316 Main Street www.lounsburyhouse.com

Ridgefield Adult Education 203-431-9995
90 East Ridge www.ridgefieldschools.org

Ridgefield Symphony Orchestra 203-438-3889
90 East Ridge www.ridgefieldsymphony.org

Ridgefield Chorale 203-438-8498
www.ridgefieldchorale.org

Ridgefield Guild of Artists 203-438-8863
34 Halpin Lane www.rgoa.org

Ridgefield Theatre Barn 203-431-9850
37 Halpin Lane www.ridgefieldtheaterbarn.org

Ridgefield Golf Course 203-748-7008
545 Ridgebury Road www.rgconline.org

CT DEPT OF HIGHER EDUCATION

Public colleges and universities waive tuition for seniors age 62 and older, provided space is available.

Western CT State University: Danbury **203-837-8200**
181 White Street www.wcsu.edu
Danbury

AARP **203-438-5737**
 203-438-5702

A nationwide organization of people 50 years and older, provides community service opportunities and a chance to socialize. National membership is required to join the local chapter. Ridgefield's chapter #4852 meets the second Wednesday of each month at the First Congregational Church, 103 Main Street, at 10 a.m.

AARP Driver Safety Program **203-438-8290**
 203-734-8764

Eight hours of classroom instruction for senior drivers. Sponsored by the Ridgefield chapter #4852. Participants "may" qualify for a reduction in auto insurance.

Charter Oak Pass

1-860-208-3200

www.ct.gov/dep

This pass provides seniors free access to the CT State Parks and Recreation System. To qualify, the person must be 65 or older and a CT resident.

America the Beautiful- National Parks and Federal Recreation Lands Pass

1-888-8747 press 1

store.usgs.gov/pass

Senior Pass-\$ 10.00, available locally at Weir Farm National Park
203-834-1896

This is a lifetime pass for U.S. citizens or permanent residents age 62 or over. It provides free entrance to most federal recreation areas and provides a 50% discount on use fees, such as camping.

Elderhostel

1-860-454-5768

www.elderhostel.org

Elderhostel is a network of colleges, universities and independent schools which offer low-cost, one week, academic programs for persons 55 and older.

Hunting and Fishing Licenses

203-431-2700

www.ridgefieldct.org

A lifetime fishing or hunting license is available free for ages 65 and up. Apply to Town Clerk, Ridgefield Town Hall.

SENIOR ORGANIZATIONS / CLUBS **IN RIDGEFIELD**

Community Center Card Group

203-438-6962

Lounsbury House
316 Main Street

A bridge group who meet every Tuesday at the Community Center all year, from 10:00 a.m. – 2:00 p.m. We welcome new players.

Founders Hall

203-431-7000

193 Danbury Road

www.founders-hall.org

A privately funded club for seniors 60 and older for education and recreation. Founders Hall is open Monday through Friday, 8:30 a.m. – 4:30 p.m. Membership is free and open to senior residents of Ridgefield and surrounding areas who are 60 years and older. A newsletter “Founders Forum” is published monthly and can be picked up at Founders Hall.

Semester brochures are published quarterly and also mailed to members.

OWLS (Older Wiser Livelier Set)

203-431-7000

Founders Hall
193 Danbury Road

A club of seniors who meet at Founders Hall the 1st Thursday of the month at 10:00 a.m. Trips, programs, and socials are planned throughout the year.

Parks and Recreation

203-431-2755

194 Danbury Road

www.ridgefieldct.org

A variety of recreational and aquatic activities are offered at the center.

The Men's Club

203-438-5737

First Congregational Church
103 Main Street

www.ridgefieldmensclub.org

An organization for retired, or semi-retired men who are residents of Ridgefield. The club meets on the 1st and 3rd Wednesday of each month. There is no age limit for participation.

Main Street Social and Discussion Group 203-438-8077
First Congregational Church www.firstcongregational.com
103 Main Street

St Mary Widow and Widowers Group 203-438-6538
55 Catoonah Street www.stmarysridgefield.org

Monthly meeting on the 1st Friday of month

TRANSPORTATION

FISH (Friends In Service Here) 203-438-8044

Free transportation is available for medical and therapy appointments in Ridgefield, Danbury, Wilton and Norwalk. Call at least 24 hours in advance for an appointment.

SweetHART Bus 203-748-2511
www.hartct.org

SweetHART is a wheelchair lift equipped dial-a-ride free service available to persons 60 and older and to those of any age who are disabled and Ridgefield residents. Available Monday - Friday, 7:00 a.m. – 5:00 p.m. and Saturday, 9:00

a.m. – 3:00 p.m. The bus provides door to door service within Ridgefield and Danbury. To reserve a trip, make reservations at least 24 hours in advance. Applications are available at Ridgefield Town Hall, Dept of Social Services.

WHEELS

203-792-8200

A service sponsored by Western CT Chapter of the American Red Cross that provides transportation to scheduled medical appointments for those who have no other means of transportation. For local appointments call Monday - Friday, 8:30 a.m. – 4:00 p.m. For appointments out of the area but within the state, call Monday - Friday, 10:00 a.m. to 1:00 p.m.

Metro-North Discount Program

1-800-638-7646

www.mta.info/mnr/html/getaways.htm

Seniors (65 or older) and disabled persons may travel on the Metro-North rail service for a 50% discount at all times, except on peak hours. Proof of age is required. If paying cash on train, 50% is still valid with no surcharge.

AMTRAK Reduced Fare Program

1-800-872-7245

www.amtrak.com

This service provides a 15% discount for seniors (62 & older) and disabled. It is valid for the Metro Liner at off peak times;

it is not valid on the Auto Train. Proof of age required. There is a 10% discount on North America Rail Pass.

VOLUNTEER OPPORTUNITIES

**Ridgefield Visiting
Nurse Association** **203-438-5555**
www.ridgefieldvna.org

**Keeler Tavern Museum
(Ridgefield)** **203-438-5485**
www.keelertavernmuseum.org

**Founders Hall
(Ridgefield)** **203-431-7000**
www.founders-hall.org

Ridgefield:
- **FISH (senior rides)** **203-438-8044**
- **Thrift Shop** **203-438-3328**
- **Meals on Wheels** **203-438-8788**
- **Are You Ok?** **203-438-6777**

Ridgefield Library **203-438-2282**
www.ridgefieldlibrary.org

**Congregate Housing
(Ridgefield)** **203-431-9943**
www.ridgefieldct.org

Laurel Ridge (Ridgefield)	203-438-8226 www.laurelridgehcc.com
Literacy Volunteers of America (Danbury)	203-792-8260 www.danbury.org/literacy
Danbury Hospital Volunteer Program	203-797-7384 www.danburyhospital.org
Women's Center of Greater Danbury	203-731-5200 womens-center.org
Mid-Fairfield Hospice (Wilton)	1-800-898-4663 www.mid-fairfieldhospice.com
Regional Hospice (Danbury)	203-797-1685 www.regionalhospicect.org
American Cancer Society (Danbury)	1-800-889-3340 www.cancersociety.org
American Red Cross of Western CT (RSVP)	203-792-8200 www.volunteermatch.org

HOUSES OF WORSHIP IN RIDGEFIELD

First Church of Christ Scientist 203- 438-4780
260 Main Street www.christiansciencect.org/ridgefield

First Congregational Church of Ridgefield 203-438-8077
103 Main Street www.firstcongregational.com

Jesse Lee Memorial, United Methodist 203-438-8791
207 Main Street www.jesseleechurch.com

Ridgebury Congregational, United Church of Christ
602 Ridgebury Road 203-748-2806
www.ridgeburychurch.org

Ridgefield Baptist 203-438-5751
325 Danbury Road www.ridgefieldbaptist.org

St Andrew's Lutheran (ELCA) 203-438-0606
6 Ivy Hill Road www.standrewselca.com

St Elizabeth Seton Roman Catholic 203-438-7972
520 Ridgebury Road
www.bridgeportdiocese.com./ridgefield.shtml

St Ignatius Retreat House, Traditional Catholic
209 Tackora Trail 203-431-0201
www.churchseek.net/directory/church/22917.html

St Mary Roman Catholic 203-438-6538
55 Catoonah Street www.stmarysridgefield.org

St Stephen's Episcopal 203-438-3789
351 Main Street www.ststephens-ridgefield.org

Temple Shearith Israel (Reform) 203-438-6589
46 Peaceable Street www.tsiridgefield.org

CONTRACTORS AND TRADESPERSONS

A WORD TO SENIORS ABOUT USING THIS SECTION

This book has been prepared to assist senior citizens in locating area tradesmen who have expressed an interest in providing services to seniors such as home improvement, electrical, plumbing, landscaping and general carpentry.

This book may be updated from time to time as names change and as new contractors and trades people sign up.

The Commission on Aging requires participants to provide copies of licenses and insurance before including names in the book, and in some cases may have checked references. Some of the contractors have agreed to provide their services at a discounted rate to seniors 65 and over and holders of the Gold Card. The amount of the discount is to be negotiated between the senior and service provider.

PLEASE BE AWARE THAT THE COMMISSION ON AGING AND THE TOWN OF RIDGEFIELD CANNOT ENDORSE OR PROMOTE ANY OF THE CONTRACTORS OR GUARANTEE ANY WORK PROVIDED BY THE CONTRACTORS LISTED HEREIN.

SOME POINTS TO REMEMBER- ESPECIALLY ON BIG JOBS:

- Get more than one estimate; three if possible
- Ask for and check references
- Ask to see a copy of the provider's license and insurance certificate
- Get a written contract which spells out the work to be done, the price and when the work is going to be completed.

For information or to report a problem with a contractor,
contact:

Dept of Consumer Protection
165 Capital Avenue
Hartford, CT 06106

1-800-842-2649
www.ct.gov/dcp

BUILDING

Robert Grasso 203-431-8408
Grasso Builders fax: 203-431-8408
293 North Salem Road emergency: 203-650-1663
Ridgefield, CT 0687
(additions, alterations, carpentry, cabinet, millwork)

Michael R Secor 203-938-9282
M Reid Builders fax: 203-938-9292
188 Lonetown Road cell: 203-417-8924
Redding , CT 06896
(complete home repairs, additions, decks, remodeling, garage doors, painting)

John H Slade 203-312-9378
Slade Building, LLC. fax: 203-312-9378
226 State Route 37 cell: 203-512-4982
New Fairfield, CT 06812
(general building repairs, decks, simple plumbing repairs, etc.)

Louis Wallach 203-300-3756
Wallach Construction Associates
43 Hobby Drive
Ridgefield, CT 06877
(home improvement contractor: bathrooms, kitchen, additions, restorations)

CARPENTRY

Alan Johnson

Alan Johnson Carpentry Services
8A South King Street
Danbury, CT 06811
(general contracting and / or carpentry services)

203-798-8556
fax: 203-743-4984
cell: 203-300-9928

Michael Neiman

Captain Wood Carpentry
6 Fox Run Lane
Newtown, CT 06470

203-270-0773
fax: 203-270-0771
captainwood@sbcglobal.net

(deck / pro decks, carpentry, home repairs, walkways, Nova
Brik™, cultured stone, small additions, kitchens, bathrooms)

Paul Turner

Andy on call
11 Hillcrest Place
Norwalk , CT 06850
(all carpentry / handyman work)

203-857-0010

COUNTERTOPS

Stacy Boxer

Countertops by Starian, LLC.

92 North Street

Danbury, CT 06810

(countertops and cabinets for kitchen and bath)

203-743-6808

fax: 203-730-2087

CHIMNEYS

Joseph Santopolo

Danbury Chimney Service

21 Westville Avenue

Danbury, CT 06810

(cleaning-caps- repairs- almost anything)

203-748-3393

emergency: 203-743-5236

DESIGN

Elizabeth S Zieman AIA, MBA

Zieman Design

2 Abbott Avenue

Ridgefield, CT 06877

(architecture, interior design, project management, zoning analysis, accessibility, universal design)

203-438-4539

emergency: 203-438-1514

szzyman@aol.com

ELECTRICIANS

Robin Brundage

Robin Brundage Electrical
Contractor, Inc.
18 Zinn Road
Danbury, CT 06811
(electrical services)

203-792-3701
fax: 203-778-5169

Tom Phillips

Red Carpet Electric
5A Del Mar Drive
Brookfield, CT 06804
(residential electrical service work)

203-775-6352
fax: 203-775-7106
emergency: 203-775-6352

HANDYMAN

Mike Zap

Handyman of Ridgefield
32 Scott Ridge Road
Ridgefield, CT 06877
(all handyman services)

203-894-8355

HARDWOOD FLOORS

Sten A. Nokland

Kent Hardwood Floors

36 Lake Avenue Ext.

Danbury, CT 06811

(wood floor: supply, install, sand & finish)

203-743-5591

fax: 203-743-5593

HOME REPAIRS

Jack Cimino

AAA Home Repair

3 Ridge Road W.T.

Danbury, CT 06810

(general home repair / basement waterproofing)

203-743-6988

emergency: same 24 / 7

LAND SURVEYING

Paul A. Hiro

Paul A. Hiro P.C. Land Surveying

35 Danbury Road

New Milford, CT 06776

(land surveying services)

860-354-6599

fax: 860-350-0904

emergency: 860-210-3832

Eric J. Kristoffersen
Kristoffersen Land Surveying,
LLC
40 Madeline Drive
Ridgefield, CT 06877
(maps, staking property lines, consulting)

203-438-3201
fax: 203-438-5954

LANDSCAPING

Matt Bottali
Stateline Landscaping
1 Twopence Road
Ridgefield, CT 06877
(mowing, planting, walkways, watergardens, hydroseeding)

203-948-4688
fax: 203-894-1296
www.statelinelandscaping.com

PAINTING

Henry Scozzafava
Henry's Painting Company
83 Clapboard Ridge
Danbury, CT 06811
(painting (interior/exterior), power washing, gutter cleaning,
restoration)

203-790-5615
fax: 203-748-8312
cell: 203-994-0396

PLUMBING, HEATING AND AIR CONDITIONING

John Cauli

Norbert E. Mitchell Co., Inc.

7 Federal Road

Danbury CT 06813

(fuel oil, propane gas, heating & air conditioning installations)

203-431-3921

fax: 203-743-7978

Jon Crowe

DDD Heating and Air

Conditioning

12 Backus Avenue

Danbury, CT 06810

(service HVAC and installation of HVAC)

203-743-6788

fax: 203-743-6725

emergency: 203-743-6788

Thomas S Gartrell

Sunburst Plumbing and Heating

703 Danbury Road #5

Ridgefield, CT 06877

(plumbing and heating)

203-431-0209

fax: 203-431-2910

emergency: 203-431-0209

Stephen Main

Main Heating Service

P.O. Box 568

Ridgefield, CT 06877

(oil heat, repair, emergency service, maintenance)

203-438-9726

fax: 203-431-2400

emergency: 203-438-9726

Joe Mulvaney
J. Mulvaney Plumbing and
Heating, Inc.
32 Bailey Avenue
Ridgefield, CT 06877
(plumbing and heating)

203-438-1354
fax: 203-438-7851

emergency: 203-438-1354

John Proctor
Ridgefield Plumbing and Heating,
LLC
50 Laurel Hill Road
Ridgefield, CT 06877
(plumbing, heating, full waterpump service, 24 hour emergency
service)

203-438-9388
fax: 203-544-7164
emergency: 203-438-9388
have plumber paged

ROOFING

Ron Aronstam
Georgetown Roofing
74 Sunset Pass
Wilton, CT 06897
(roofing and repairs)

203-544-9054
emergency: 203-984-7252

Mike Henry
Henry Roofing Company
11 Corntassle Road
Danbury, CT 06811
(new roofs- roof repairs / maintenance)

203-743-6878

Benjamin Torres
Betor Roofing
11 Jams Drive
Danbury, CT 06811
(roofing and carpentry)

203-790-5321
emergency: Same

SEPTIC

Bill Hall
Kaiser-Battistone Plumber-Rooter
10 Van Tassel Court
Norwalk, CT 06851
(septic tank cleaning / drain cleaning / plumbing)

203-438-5500
fax: 203-857-4881
emergency: 203-438-5500

TREES

Cliff Raymond

Raymond Tree Company, LLC

P.O. Box 173

Georgetown, CT 06829

(treework, removals, stump grinding, clearing)

203-431-3617

emergency: Same

EMERGENCY PHONE NUMBERS

Emergency (Medical / Fire / Police).....911

Fire Department.....431-2724

Police Department.....438-6531

Doctors:

.....
.....

Dentist:

.....
.....

Pharmacy:

.....
.....

THE LEIR CHARITABLE FOUNDATION

Are pleased to support the publication of this directory in memory of Henry J. & Erna D. Leir who were long-time residents of Ridgefield.

Our congratulations to the Commission on Aging for their valuable service to the Ridgefield community.

Ridgefield Commission on Aging



ERROR: ioerror
OFFENDING COMMAND: image

STACK: