

Commission on Aging

Minutes of the Meeting

September 16, 2019

Present: Chair Debra Franceschini-Gatje, Marion Freer, Dr. George Noyes, Mary Morrisroe, Sheila Silverman

Karin Gaudian, Advisor      Tony Phillips LCSW Social Services

The meeting was called to order by the Chair at 2:30 p.m. The Chair welcomed back George Noyes and Mary Morrisroe.

Chair Debra offered a motion that, in the future, this Commission recess in July and August. Mary Morrisroe seconded the motion. All present agreed.

Minutes of the July meeting were reviewed. Sheila Silverman they be accepted as written. Marion Freer seconded the Motion. All present agreed.

According to the Ridgefield Charter, this Commission should have nine members. At the Selectmen's meeting on September 18, four prospective members will be proposed and interviewed. At this same meeting, Christine Robertson, former Chair, and former members Cathy Brennan and Mary Ann O\*Grady will be honored for their service to this Commission.

Karin Gaudian reported that sixteen Ridgefield Seniors attended the SPIF sponsored trip to the Salvation Army Camp. Feedback is they had a ball. Susan Proctor(from the audience) agreed. She discussed activities and advised "the meals were great"

The speaker at our October meeting will be Darryl Whillenbrock of the Western Ct. Commission on Aging. Her subject "Medicare Open Enrollment" She will also be speaking on this the same day at Founders Hall. Karin will check with Founders to see if we can combine.

New Business

Chair Debra discussed the possibility of this Commission applying for AARP Ct. grant on street safety for Seniors. Discussion followed special signs at crossings, benches on Main Street. Etc.

Guest Speaker for our monthly series was Dr. Abby Egginton, a Naturopathic Physician, who outlined what and how she practices.

Respectfully submitted,

Mary Morrisroe, Temporary Secretary of Aging